

Personal Learning Point 1

So far together we have talked about Mindfulness, Dignity and Whiteness. While whole group learning is an essential part of the learning and unlearning process; individual work is where the change actually begins. This first learning checkpoint will give you an opportunity to reflect on your own daily actions no matter how small in hopes that you are able to see where your specific learning should be focused. This learning checkpoint should take you about 45-60 minutes to complete. It can be done in sessions and does not need to be done all in one sitting. There will be video's, quizzes, and discussion board posts for you to engage with. Every slide also has voice audio to guide you through your thinking.

Instructions:

1. Click on the links provided to access the lesson: each link is the same lesson but has a maximum of 35 folks.
2. If one link is full, please proceed to the next one (you will receive a message saying no more participants allowed if this is the case)
3. If you have any technical or personal issues, please email Ebony at ebony@ubunturesearch.com

Personal Learning Point Links

- Group 1: <https://app.nearpod.com/?pin=E9HBZ>
- Group 2: <https://app.nearpod.com/?pin=LVTk4>
- Group 3: <https://app.nearpod.com/?pin=IF6KQ>
- Group 4: <https://app.nearpod.com/?pin=56DQN>